

Recovery Plan

Here are the recovery requirements to stay at Room to Heal.

- Sobriety from drugs and alcohol
- Nightly device check-in
- Attending 3 SAA meetings a week.
- Participating in 2 process groups per week
- Therapy at least once every 2 weeks
- Morning meditation/ devotional time

What other activities or restrictions would you like us to incorporate for your client?

Separation Agreement

We've found therapeutic separation agreements allow spouses to focus on their individual recovery while keeping the relationship amicable and stable during separation.

Does this client have a significant other?

- Yes
- No
- Not Applicable

If you answered yes above, is there a separation agreement in place?

- Yes
- No – I will work with them to create one
- No – I authorize the Room to Heal recovery coach to complete one with my client

Communication with Room to Heal Recovery Coach:

How would you like us to communicate with you?

- Preferred communication:
 - phone call
 - text
 - email
- Frequency
 - Weekly
 - Every other week
 - Monthly